Stafford Recreation Commission

Fitness Membership Policies

Policies are subject to change at any time at the discretion of the Stafford Recreation Commission. A current copy of fitness membership policies and rules will be posted within the fitness center.

**Membership fees**

Single person - $70/6 months or $110 per year = one key card

Family - $100/6 months or $160 per year = 2 key cards

If purchasing a family membership, only immediate family members, which include dependent children up to the age of 22 and spouses, will be allowed access to the fitness center with your membership.

**For lost key cards,** you must notify the SRC immediately to have it inactivated. You are responsible for any actions if your card is used. **Key card replacement fee is $25**.

**Age Limits**

**Fitness room** - No one under the age of 12 will be allowed. Ages 12 to 13 must be accompanied by an adult. There is a small room located off the fitness center available for young children. Please be considerate and make sure the room is left in an orderly fashion.

**Gymnasium** (when not in use by SRC programming or private rentals) – Members must be at least 14 to utilize the facility without supervision.

**Members Only**

Only paid members are allowed to use the fitness center. Members are prohibited from bringing guests into the fitness center.

If your membership renewal is not paid, your key access will be inactivated until fees are paid. It is the responsibility of each primary member to make sure fees are paid on time, so access is not interrupted. You are not to loan your key card to anyone else – you are responsible for entry made by your card.

**Hours of Operation/Spaces**

Hours are 4 am through 11pm, when not in use by the SRC. Membership allows you to utilize the fitness area, spin bike room, youth room, gym, showers, and restrooms. Some exclusions may apply, and we will do our very best to accommodate everyone.

**Membership Refunds**

Membership fees are non-refundable or transferable. Special circumstances will be considered on a case-by-case basis. The SRC Board has final authority on this issue.

**Insurance Statement**

The SRC does not provide accident insurance for injuries sustained during SRC activities or in SRC facilities. Members and community participants participate in programs and use the facilities at their own risk and are encouraged to have personal medical insurance coverage.

**Attire**

The Annex is a family-friendly facility; please dress appropriately. In the Fitness Center, clean athletic shoes must be worn. Open-toed shoes are prohibited.

**Participant Behavior**

All members, including family under the membership must help create a friendly, safe atmosphere on all SRC property at all times, including the ball fields. Music should be kept at an acceptable level and should not disrupt others within the facility or neighbors of the facility. Music should be appropriate. Any altercations with other fitness members and*/*or SRC Staff will not be tolerated and will result in **the termination of fitness member** privileges.

**Fitness Center Policy Disciplinary Actions**

Minors, under the age of 18, who abuse the Fitness Membership Policies will face the following steps of disciplinary action: Major offenses include vandalism, theft, lawlessness, and any criminal offenses.

Minor Offense Steps – Minors

1. Written warning sent home to parent/guardian.
2. 6-month membership revoke with no refund.
3. Trespassed from property for 1 year
4. Lifetime Ban

Minor Offense Steps – Adults

Adults who abuse the Fitness Membership Policies will face the following steps of disciplinary action:

1. Verbal & written warning.
2. 6-month membership revoke with no refund.
3. Trespassed from facility for 1 year
4. Lifetime Ban from Property

Major Offense Steps

1. Trespassed from Property for 1 Year
2. Lifetime Ban from Property

**Security**

The Annex is under 24-hour surveillance. Whether you are working out or entering/leaving the building, your activities are recorded. This video system is for security purposes only. The surveillance system does not protect you from harm in or on the building premises. You must use caution when entering or leaving the building. Do not allow access to individuals who knock on the door; doing so may put you or others at risk for injury or harm and could result in you losing your membership. **Do not prop the door open for any reason.**

**Severe Weather** In case of severe weather, please follow the SRC Fitness Center emergency plan posted on the display board by the entrance.

**Injury and First Aid -** If you or someone else becomes injured:

For minor injuries (cuts, abrasions, etc.), a first aid kit is located in the SRC Fitness Center on the North side in the cabinet. For serious injuries that need medical treatment, dial 911. Report all injuries to the   
SRC during business hours or leave a message at 620-234-2222.

**Power Outages** - There are emergency exit lights allowing you to see in case of a power outage.

**Fire** - In the event of a fire, or if you smell or see smoke, exit the building immediately and call 911.

**Clean Up – All members must clean equipment after use**. Disinfectant spray and towels are provided. All equipment (dumbbells, weights, and attachments) must be put away when finished. Please turn off equipment, televisions, and lights when you leave, and the room is empty. All members must wear clean shoes in the fitness center.

**Violations or Damage –** Members are required to report any violations of rules or damages to equipment and facilities to the SRC Office during office hours or by calling #620-234-2222. For violations of any policies or rules please refer to **Fitness Center Policy Disciplinary Actions**

**Miscellaneous**

This policy is only a general description of SRC Membership Center policies; you must follow any other instructions provided to you by staff or posted signage. If you have any questions or concerns on how to use the equipment, ask a staff member or trainer. You must not use the equipment if uncertain how it works.

**House keeping**

**If you use it, put it back**.

If you make a mess, clean it up. Please ask staff for proper cleaning materials.

Diapers are not to be left in inside trash cans. Please take them with you or to the outside trash.

Bottle filling water fountain is available.

There is no public access phone available.

**If these rules are broken, membership privileges may be revoked.**

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